

## FLOWCHART FOR SELF-ISOLATION GUIDANCE FROM 6 JANUARY 2022

Self-Isolation Pathway	Scenario 1: Asymptomatic positive LFD test	Scenario 2: You have symptoms of Covid-19	Scenario 3: Close contact (Older than 18 Years and 4 Months and not fully vaccinated)	Scenario 4: Close contact (Younger than 18 Years and 4 Months* or fully vaccinated)
	You have tested positive using a lateral flow device (LFD) test.	You have tested positive or negative using a lateral flow device (LFD) test.	You have been identified as a close contact of someone who has a positive LFD or PCR result.	You have been identified as a close contact of someone who has a positive LFD or PCR result.
	You have <b>no symptoms</b> of Covid-19, at the time of taking a test.	You have <b>symptoms</b> of Covid-19, at the time of taking a test.	You are <b>older than 18 years and 4 months and not fully vaccinated</b> (three doses of an <u>approved vaccine</u> at least 14 days before you saw the person who was positive).	You are <b>younger than 18 years and 4 months* or fully vaccinated</b> (three doses of an <u>approved vaccine</u> at least 14 days before you saw the person who was positive).
	You should <u>report your test result</u> .	You should <u>report your test result</u> .		
	You should only <u>book a PCR test</u> if you wish to apply for the <u>Self-Isolation Support Grant</u> .	You should book a <u>confirmatory polymerase chain reaction (PCR) test</u> , regardless if you tested negative on an LFD test.		
	You should <b><u>immediately self-isolate</u></b> from the date of your test.  You may go on to develop symptoms over the next few days.	You should <b><u>immediately self-isolate and await the result</u></b> . <ul style="list-style-type: none"> <li>• If you receive a positive result you should continue to self-isolate.</li> <li style="text-align: center;"><b><u>or</u></b></li> <li>• If you receive a negative result you can return to your daily activities.</li> </ul>	You should self-isolate for 10 days and <u>book a PCR test</u> .	You can take daily LFD tests for 7 days rather than self-isolating as long as the results are negative and you remain without symptoms.
<b>You can end self-isolation when:</b> <ul style="list-style-type: none"> <li>✓ You have 2 consecutive negative LFD test results from day 6 onwards, taken 24 hours apart, and don't have a fever or high temperature;</li> <li style="text-align: center;"><b><u>or</u></b></li> <li>✓ You have completed your 10 day self-isolation as long as you don't have a fever or high temperature.</li> </ul>	<b>You can end self-isolation when:</b> <ul style="list-style-type: none"> <li>✓ You have 2 consecutive negative LFD test results from day 6 onwards, taken 24 hours apart, and don't have a fever or high temperature;</li> <li style="text-align: center;"><b><u>or</u></b></li> <li>✓ You have completed your 10 day self-isolation as long as you don't have a fever or high temperature.</li> </ul>	Even if your test result is negative, you should complete the 10 day self-isolation.	<ul style="list-style-type: none"> <li>✗ If you obtain a positive test but have no symptoms during that period, you should revert to <b><i>Scenario 1</i></b>.</li> <li>✗ If you obtain a positive test and have symptoms of Covid-19 you should revert to <b><i>Scenario 2</i></b>.</li> </ul>	

\*Children under 5 who are close contacts do not need to self-isolate or take daily LFD tests, but are recommended to take a test. If the child under 5 has symptoms or develops symptoms then they should take a [PCR test](#).

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### Further information:

- For more information on self-isolation requirements and guidance visit [NHS Inform](#).
- Health and Social Care workers should follow separate guidance which can be found [here](#).

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